

Al-Qasim Green University  
Health and Wellbeing Services on Campus



**Al-Qasim Green University's Health Center and Clinic offering its services to its community and to the public.**

# Al-Qasim Green University

## Health and Wellbeing Services on Campus



### Description:

Al-Qasim Green University implements certain strategies and facilities that support the overall wellbeing of its community such as:

1. The campus health center and clinic, which provides a range of healthcare, mental, and wellbeing services. For the benefit of students, academics, and employees, this center offers routine health examinations, counseling, mental health assistance, and preventive care initiatives.
2. Healthcare and Fitness Programs: The university creates and advocates for wellness programmes that incorporate mindfulness, stress management, nutrition, and physical fitness exercises. Moreover, it collaborates with fitness professionals to provide courses and workshops that promote a healthy way of living for university students.



3. Campaigns for Health Education and Awareness: Al-Qasim Green University frequently carries out health education programs that educate employees and students about a range of health concerns, precautions, and accessible medical resources. It provides education on subjects including disease prevention, nutrition, and mental health through seminars, workshops, and online resources.



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4. Easy Access to Mental Health materials: By making online courses and counseling services easily accessible, Al-Qasim Green University improves mental health assistance. In addition, the university makes sure that qualified specialists are on hand to aid with mental health issues and encourage people to get help when necessary.
5. Collaborations with Health Organizations: To enhance health services and infrastructure, our university works with neighborhood medical organizations in Al-Qasim and Hillah. In addition to offering services, this partnership raises awareness and encourages community involvement.

**Additional evidence links:**

- ✓ [https://sport.uoqasim.edu.iq/press\\_news.aspx?mid=19058](https://sport.uoqasim.edu.iq/press_news.aspx?mid=19058)
- ✓ [https://biotech.uoqasim.edu.iq/press\\_news.aspx?mid=18823](https://biotech.uoqasim.edu.iq/press_news.aspx?mid=18823)
- ✓ [https://fosci.uoqasim.edu.iq/press\\_news.aspx?mid=18799](https://fosci.uoqasim.edu.iq/press_news.aspx?mid=18799)